



WISE-WIL Mentorship Program (January – April 2015)

WISE Ottawa and the Women in Leadership Foundation (WIL) have partnered to bring women pursuing studies in Science and Engineering a mentorship program to support their professional and personal development.

The program is designed to provide students with the opportunity to gain insights from women with established careers, professional coaches and HR specialists and of course their peers. We are very fortunate to be able to offer this program on a pilot basis with the generous support of Carleton University, the University of Ottawa and the NSERC Chair for Women in Science and Engineering (Ontario).

There are a limited number of spots available for students from the Faculties of Science and Engineering and selection for participation will be on a first come, first serve basis. The only requirement (apart from being a registered student) is that participants commit to the full program. Each session will be held in the evening from 6-8 pm, alternating between venues at participating educational institutions.

If you are interested in participating in this program please send an email to Ariadni Athanassiadis at: ariadni@kymalaw.com.

Program Outline:

Session 1: “Lead Yourself and Lead in Community” (January 28, 2015 – Carleton University)

The program format and objectives will be introduced and participant input solicited to guide content delivery. Explanations of concepts – coach, mentor, mentee, developmental networks, and mentoring circles will be provided.

Tina Crouse (<https://www.linkedin.com/in/tinacrouseleadershipottawa>) of WIL will be the guest speaker and facilitator for the evening.

Session 2: Mentoring Circles #1 (February 11, 2015 – University of Ottawa)

Senior professional women will be speaking and answering questions about their experience developing a career in STEM. The format will be intimate and give participants an opportunity to get to know the guest speakers and each other in groups of 6-8.

Session 3: Professional Mentoring (February 25, 2015 – Carleton University)

A Certified Coach and HR Professional will provide students with the opportunity to ask those burning and practical questions about how they can prepare themselves to embark on their professional lives and navigate challenges and opportunities along the way.

Coach: Lisa J. Weiss (<http://iofthestormcoaching.com/>)

HR Professional: Lisa Ann Palmer (<http://www.cattelanpalmer.com/welcome/>)



Session 4: Peer Mentoring (March 11, 2015 – University of Ottawa)

This session will focus on student sharing and ideation for excelling in STEM, i.e. pushing for the evolution and creation of an ecosystem that will support them and future generations to pursue their career aspirations. The opportunity for students to learn from one another as part of this program is fundamental to developing relevant networks for the present and future. A professional facilitator will help guide students in their discussions with each other.

Facilitator: Tonya Pomerantz (<https://www.linkedin.com/in/tonyapomerantz>)

Session 5: Mentor Circles #2 (March 25, 2015 – Carleton University)

Professional women who are early on in their careers will speak about making the transition from student to professional and their initial experience developing a career in STEM. The format will be intimate and give participants an opportunity to get to know the guest speakers and each other in groups of 6-8.

Session 6: “Legacy Leadership” (April 29, 2015 – Location TBD)

This is the time to celebrate what was learned, shared and gained from the program. Guidance for how students can continue to pursue mentoring opportunities while studying and working professionally will be offered. Most of all, participants will be taking the time to connect with the very special group of women who came together to become part of each other’s support networks for the future.

We wish to acknowledge and thank again the sponsors of this program:

